

THE Reserve at First Colony *Lifestyle*



THE RESERVE AT
FIRST COLONY
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY
13825 Lexington Blvd • Sugar Land, TX 77478 • (281) 277-0900

APRIL 2025



Happy Birthday

April Birthdays

Theresa L.	4/10
JoAnn S.	4/16
Rollin C.	4/23



Resident Appreciation Day

Ms. Linda is an AL resident who cares and always has good ideas; her notes and reminders make our work a lot easier. Ms. Linda has been checking on our plants daily for our Gardening Club. She makes sure the plants are well watered and gives us feedback if they need more attention. We love and appreciate you, Ms. Linda.

High-Flying Kite

The current world record for the highest flight by a single kite is 16,009 feet. That's about 12 times as high as the Empire State Building.



APRIL 2025

-Management-

- Reema Bhamani

Executive Director

Tabriel Jones

Sales & Marketing Director

Yani Diaz

Activities Director

Angelo Gomez

Dining Director

Jose Sarrion

Maintenance Director

Rose Felix

Resident Care Coordinator

FIND US AND
ENGAGE ON
FACEBOOK
AND OTHER
SOCIAL
MEDIA
PLATFORMS!

Brainteaser

Q: What falls often but never gets hurt?
A: Rain.

“April is a promise that May is bound to keep.”
—Hal Borland

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		April Fools’ Day1 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:30 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 DR Movie/Program of your choice	2 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trivia/Table Games 11:30 Gardening Club- Water Once a Week 1:30 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Rosary w/ St. Laurence Church	3 10:00 Exercise with Select Rehab 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue 1:30 Rummikub-1st match 1:45 DR I Love Lucy Show- YouTube 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match	4 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trionimos 1:30 Rummikub-1st match 3:30 DR Happy Hour 4:00 AR Rummikub- 2nd Match	5 10:00 Exercise Class 11:00 Triominoes/ Table Games 1:30 Rummikub-1st match 2:00 AR Rummikub 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Movie Club-Classic Movies
6 9:30 Sunday Service with St. Laurence 10:30 DR Piano Hour with Joey! 1:00 AR Table Games 1:30 AR Rummikub 1:30 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match	7 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:30 Sugarland Methodist Church-Open Table Communion 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match	8 10:00 Moving and Grooving Exercises 10:00 Yoga & Meditation with Gayathri 10:30 DR Newsreel & Devotional 1:30 Rummikub-1st match 2:00 Town Hall 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 DR Movie/Program of your choice	9 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trivia/Table Games 11:30 Gardening Club- Water Once a Week 1:30 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Rosary w/ St. Laurence Church	10 10:00 Exercise with Select Rehab 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue 1:30 Rummikub-1st match 1:45 DR I Love Lucy Show- YouTube 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match	11 National Pet Day 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trionimos 1:30 Rummikub-1st match 3:30 DR Happy Hour 4:00 AR Rummikub- 2nd Match	12 10:00 Exercise Class 11:00 Triominoes/ Table Games 1:30 Rummikub-1st match 2:00 AR Rummikub 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Movie Club-Classic Movies
13 Palm Sunday 9:30 Sunday Service with St. Laurence 10:30 DR Piano Hour with Joey! 1:00 AR Table Games 1:30 AR Rummikub 1:30 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match	14 National Gardening Day 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:30 AR Bible Study 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:15 AR Solid Rock Bible Study	15 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:30 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 DR Movie/Program of your choice	16 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trivia/Table Games 11:30 Gardening Club- Water Once a Week 1:30 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Rosary w/ St. Laurence Church	17 National Cheeseball Day 10:00 Exercise with Select Rehab 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue 1:30 Rummikub-1st match 1:45 DR I Love Lucy Show- YouTube 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match	18 Good Friday 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trionimos 1:30 Rummikub-1st match 3:30 DR Happy Hour 4:00 AR Rummikub- 2nd Match	19 10:00 Exercise Class 11:00 Triominoes/ Table Games 1:30 Rummikub-1st match 2:00 AR Rummikub 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Movie Club-Classic Movies
20 Easter Sunday 9:30 Sunday Service with St. Laurence 10:30 DR Piano Hour with Joey! 1:00 AR Table Games 1:30 AR Rummikub 1:30 Rummikub-1st match 2:00 Solid Rock Apostolic Church Service 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match	21 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:30 AR Bible Study 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match	22 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:30 Macy’s Store Outing 1:30 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 DR Movie/Program of your choice	23 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trivia/Table Games 11:30 Gardening Club- Water Once a Week 1:30 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Rosary w/ St. Laurence Church	24 10:00 Exercise with Select Rehab 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue 1:30 Rummikub-1st match 1:45 DR I Love Lucy Show- YouTube 3:00 Bingo & Prizes 4:00 AR Rummikub- 2nd Match	25 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trionimos 1:30 Rummikub-1st match 2:00 CY Special 2 Happy Hour-Dave & Kenny & Friends 4:00 AR Rummikub- 2nd Match	26 10:00 Exercise Class 11:00 Triominoes/ Table Games 1:30 Rummikub-1st match 2:00 AR Rummikub 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Movie Club-Classic Movies
27 9:30 Sunday Service with St. Laurence 10:30 DR Piano Hour with Joey! 1:00 AR Table Games 1:30 AR Rummikub 1:30 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match	28 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:30 AR Bible Study 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match	29 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 Mini-manicures 1:30 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 DR Movie/Program of your choice	30 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trivia/Table Games 11:30 Gardening Club- Water Once a Week 1:30 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Rosary w/ St. Laurence Church			



Our Village residents always appreciate an outing, good company and a beautiful day...



Celebrations and forever memories for all of us that care for our memory care residents, but what matters the most is to see their smiles in a moment they might not remember tomorrow....



Music, chatting, smiles and fun is what we had during our St. Patrick's Day Happy Hour. Please visit our Facebook page to see all the great pictures.

Blown Away by Spring

Spring and strong winds often go hand in hand. This is due to shifting atmospheric pressure and temperature changes. According to the World Meteorological Organization, the maximum natural wind gust ever recorded clocked in at 253 mph on April 10, 1996, in Barrow Island, Australia.



Brain Bender: Grow a Garden

Using the clues provided, make the word "flower" grow into "garden" by changing one letter at a time to form a different word.

FLOWER

- _____ Moved like water
- _____ Imperfect
- _____ Burned
- _____ Created bubbles
- _____ Sculpted shapes
- _____ Grew crops
- _____ Heated up
- _____ Protected from

danger

- _____ Person in charge

GARDEN

(Answer: flower, flowed, flawed, flamed, foamed, formed, farmed, warmed, warded, warden, garden)

Arctic Explorer

Explorer Robert E. Peary was born in Cresson, Pa., on May 6, 1856. He organized eight Arctic expeditions and is credited with reaching the North Pole on April 6, 1909.