



THE Reserve at First Colony Lifestyle



THE RESERVE AT
FIRST COLONY
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY
13825 Lexington Blvd • Sugar Land, TX 77478 • (281) 277-0900

October Spotlight



Our Spotlight of the month is Shean-Ta Paledore! With such a short time since joining the clinical department, Shean-Ta has won the trust of our residents. She is always willing to help in other departments. She respects and understands our residents' needs and provides care with smile on her face.

Shean-Ta is currently enrolled in school to be a medical assistant and contemplating becoming an Registered Nurse in the future. The Reserve team supports you: we know your caring attitude will help you reach your goals. Go Shean-Ta!!!!

100th Birthday: Ms. Blanch

This is an incredible milestone, but not nearly as incredible you are!



October Residents' & Employees' Birthdays

Ms Blanch	10/5
Ms Sandra B.	10/7
Mr. Phillip B.	10/11
Ms Maria R.	10/17
Neene S.	10/25
Temilola B.	10/28

OCTOBER 2024

Wit & Wisdom: Executive Director's Favorite, Fall Quotes

"Fall has always been my favorite season. The time when everything bursts with its last beauty, as if nature had been saving up all year for the grand finale."

—Lauren DeStefano

"Autumn's the mellow time."

—William Allingham

"It was one of those perfect fall days when the air is cool enough to wake you up but the sun is also kissing your face."

—Anita Diamant

"Life starts all over again when it gets crisp in the fall."

—F. Scott Fitzgerald

"Two sounds of autumn are unmistakable ... the hurrying rustle of crisp leaves blown along the street ... and the gabble of a flock of migrating geese."

—Hal Borland

"I can smell autumn dancing in the breeze. The sweet chill of pumpkin, and crisp, sunburnt leaves."

—Ann Drake

"It was a beautiful, bright autumn day, with air like cider and a sky so blue you could drown in it."

—Diana Gabaldon

"There is something incredibly nostalgic and significant about the annual cascade of autumn leaves."

—Joe L. Wheeler

"I've never known anyone yet who doesn't suffer a certain restlessness when autumn rolls around. ... We're all 8 years old again and anything is possible."

—Sue Grafton

OCTOBER 2024

Leadership Team

- Raunya Hollie

Executive Director

-

Regina McCarey

Assisted Living Director

-

Tabriel Jones

Sales Director

-

Business Office Director

-

Rose Felix

Resident Care Coordinator

-

Angelou Gomez

Executive Chef

-

Jose Sarrion-Bravo

Maintenance Director

-

Yani Diaz

Activity Director

Find Us on Facebook!
Crowning the Champs

The best in baseball will go head to head this month at the World Series championship.

“Listen! The wind is rising, and the air is wild with leaves, We have had our summer evenings, now for October eves!”
—Humbert Wolfe

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Int. Day for Elderly, Int. Coffee Day, & Nat’l Homemade Cookies Day 8:00 DR Celebrate Int. Day for Elderly & fresh donuts 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 2:00 Rummikub 3:15 AR Bingo 6:00 Movie/Program of your choice	Rosh Hashanah 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trivia/Table Games 1:30 DR Movie Club & Fresh Popcorn 2:00 Rummikub 3:15 AR Bingo 6:00 Rosary w/ St. Laurance Church	3 10:00 Exercise with Select Rehab 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue 1:45 DR “I Love Lucy Show”: YouTube 2:00 Rummikub 3:15 AR Bingo	4 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Triominos! 2:00 Rummikub 2:30 DR Happy Hour	5 Happy B-Day Ms. Blanch 10:00 DR Let’s Get Moving Exercise! 11:00 AR Sing-Along 2:00 AR Rummikub 3:15 AR Bingo 6:00 Movie Club- Classic Movies
6 9:30 Sunday Service with St. Laurence 10:30 DR Piano Hour with Joey! 1:00 AR Table Games 1:30 AR Rummikub 3:15 AR Bingo	7 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:00 AR Spiritual Life with Rollin & Sue 1:45 Table Fall Centerpiece Making 2:00 Rummikub 3:15 AR Bingo	8 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 10:45 Restaurant Outing 2:00 Rummikub 3:15 AR Bingo 6:00 DR Movie/Program of your choice	9 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trivia/Table Games 1:30 DR Movie Club & Fresh Popcorn 2:00 Rummikub 3:15 AR Bingo 6:00 Rosary w/ St. Laurance Church	10 10:00 Exercise with Select Rehab 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue 1:45 DR “I Love Lucy Show”: YouTube 2:00 Rummikub 3:15 AR Bingo	11 Happy B-Day Mr. Phillip, World Egg Day 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Triominos! 2:00 Rummikub 2:30 DR Happy Hour	12 10:00 DR Let’s Get Moving Exercise! 11:00 AR Sing-Along 2:00 AR Rummikub 3:15 AR Bingo 6:00 Movie Club- Classic Movies
13 9:30 Sunday Service with St. Laurence 10:30 DR Piano Hour with Joey! 1:00 AR Table Games 1:30 AR Rummikub 3:15 AR Bingo	14 Columbus Day 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:00 AR Spiritual Life with Rollin & Sue 1:45 Halloween Jewelry making 2:00 Rummikub 3:15 AR Bingo 6:15 AR Solid Rock Bible Study	15 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 10:40 AR Mini Manicures 1:00 OT Dollar Tree Shopping 2:00 Rummikub 3:15 AR Bingo 6:00 DR Movie/Program of your choice	16 Boss’s Day 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trivia/Table Games 1:40 Hands and Back Massages 2:00 Rummikub 3:15 AR Bingo 6:00 Rosary w/ St. Laurance Church	17 10:00 Exercise with Select Rehab 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue 1:45 DR “I Love Lucy Show”: YouTube 2:00 Rummikub 3:15 AR Bingo	18 National Meatloaf Appreciation Day 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Triominos! 2:00 Rummikub 2:30 DR Happy Hour	19 10:00 DR Let’s Get Moving Exercise! 11:00 AR Sing-Along 2:00 AR Rummikub 3:15 AR Bingo 6:00 Movie Club- Classic Movies
20 9:30 Sunday Service with St. Laurence 10:30 DR Piano Hour with Joey! 1:00 AR Table Games 1:30 AR Rummikub 2:00 Solid Rock Apostolic Church Service 3:15 AR Bingo	21 International Nacho Day 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:00 AR Spiritual Life with Rollin & Sue 2:00 Nachos, Cheese & Music 2:00 Rummikub 3:15 AR Bingo	22 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:45 Restaurant Outing 2:00 Rummikub 3:15 AR Bingo 6:00 DR Movie/Program of your choice	23 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trivia/Table Games 1:30 DR Movie Club & Fresh Popcorn 2:00 Rummikub 3:15 AR Bingo 6:00 Rosary w/ St. Laurance Church	24 10:00 Exercise with Select Rehab 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue 1:45 DR “I Love Lucy Show”: YouTube 2:00 Rummikub 3:15 AR Bingo	25 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Triominos! 2:00 Rummikub 2:30 DR Happy Hour	26 10:00 DR Let’s Get Moving Exercise! 11:00 AR Sing-Along 2:00 AR Rummikub 3:15 AR Bingo 6:00 Movie Club- Classic Movies
27 9:30 Sunday Service with St. Laurence 10:30 DR Piano Hour with Joey! 1:00 AR Table Games 1:30 AR Rummikub 3:15 AR Bingo	28 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:00 AR Spiritual Life with Rollin & Sue 1:45 Pumpkins Decoration Competition Starts 2:00 Rummikub 3:15 AR Bingo	29 National Cat Day 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:45 Pumpkins Decoration Continues 2:00 Rummikub 3:15 AR Bingo 6:00 DR Movie/Program of your choice	30 Candy Corn Day 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trivia/Table Games 1:45 Movie Club and Candy Corn 1:45 Pumpkins Decoration Winners 2:00 Rummikub 3:15 AR Bingo 6:00 Rosary w/ St. Laurance Church	31 Halloween Day 10:00 Exercise with Select Rehab 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue 1:45 DR “I Love Lucy Show”: YouTube 1:45 DR Halloween: Best Customs 2:00 Rummikub 3:15 AR Bingo		



International Box Wine Day



The Village enjoying a glass of their favorite drink



Double Dave's Pizzeria



Labor Day Root beer Floats